

Blue Bird

Blue bird, blue bird through my window
blue bird, blue bird through my window,
blue bird, blue bird through my window
Oh Johnny are you tired?

Find a friend and tap 'em on the shoulder
Find a friend and tap 'em on the shoulder
Find a friend and tap 'em on the shoulder
Oh Johnny are you tired?

Closing & Cool Down

Share-A-Song

Announcements

Sing Goodbye To Children

Sing goodbye to children, children, children
Sing goodbye to children, we love you.

Sing goodbye to friends... parents... use individual names...

Take Home Tip: Use the song "Sing Goodbye To Children as a goodnight song. Substitute 'goodbye' with 'goodnight' Sing goodnight to all the people and places you've been throughout the day. Sing softly and invite your child's suggestions. Sleep tight!

Music and Movement

Session One - Friends
September 15, 22 October 6, 13

Welcome

Everyone Is Welcome Here (tune: London Bridge)

Everyone is welcome here, welcome here, welcome here.
Everyone is welcome here, welcome everyone.

Make New Friends

Make new friends and keep the old,
One is silver and the other gold

A circle's round, it has no end
That's how long I'm going to be your friend

You have one hand and I have the other
Put them together and we have each other

Warm Up

Two New Friends

Two lonely kids – *two fingers of each hand on floor*
Walking down the street – *walk fingers on floor*
They look at each other – *fingers face each other*
They meet and greet – *fingers wave at each other*
Will you be my friend? - *hand one upturned*
Oh yes! Oh yes! Oh yes! - *hand two 'nods'*
And will you be mine? - *hand two upturned*
You bet! You bet You bet! - *hand one 'nods'*
Two new friends – *walk fingers on floor*
Lonely no more – *both hands shake no*
They've got each other – *fingers face each other*
That's what friends are for! - *clap on the word for*

The Grand Old Duke of York

The grand old duke of York,
he had ten thousand men
He marched them up the hill
And marched them down again

And when you're up, you're up,
And when you're down, you're down,
And when you're only half way up,
You're neither up nor down!

He rolled them to the left,
He rolled them to the right,
He rolled them over upside down,
Oh what a funny sight!

Listen & Learning

I'm So Glad

I'm so glad, that you're here
I'm so glad, that you're here.

Touch the sky, touch your toes
Stretch out wide, scrunch in close

Sway like waves, fall like rain
Stand up tall, fall again!

I'm so glad, that you're here
I'm so glad, that you're here.

Rhythm & Rhyme

1, 2, 3, Rest

Breathe out three times and in one
Clap/Stomp three times and rest one

Willibee Wallabee

Willibee, wallabee, (Wate),
An elephant sat on (Nate.)

Insert names, substitute W for first letter of name.

Active Songs

Get Along Song

This is the get along song, get along, get along
Get along song, get along
Get along song get along, get along,
This is the get along song

It's important that we treat our friends
As nice as we possibly can
And when we see a friend that needs our help
We stop to lend a hand
Why is that? Because.... (chorus)

Sometimes we forget to use our words
when we get a little upset
We say we're sorry and we're friends again
We forgive and we forget
Why is that? Because... (chorus)

Looby Loo

Here we go looby loo
Here we go looby light
Here we go looby loo
All on a Saturday night
You put your right hand in
You take your right hand out
You give your hand a shake, shake, shake
And turn yourself about

You put your left hand in
You put your right foot in
You put your left foot in
You put your whole self in

This song is an American 'play party'. Some folks believe this refers to the Saturday night family bath in bucket. The first one in got the hot water (put your hand in) and scalded themselves (take your hand out).

www.kididdles.com/lyrics/1027.html